

John Francis Dombrowski, MD,FASA

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EDUCATION

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| 1989 | Doctor of Medicine Georgetown University School of Medicine Washington, DC |
| 1985 | Master of Science, Physiology Georgetown University Washington, DC |
| 1984 | Bachelor of Science, Biology Minor in Chemistry, Cum Laude University of Richmond Richmond, VA |

POST GRADUATE EDUCATION

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| 1990 – 1993 | Anesthesiology Yale – New Haven Hospital New Haven, CT |
| 1989 – 1990 | Internal Medicine Yale University St. Mary's Hospital, Waterbury Hospital Waterbury, CT |
| 2000 – 2001 | Medical Acupuncture University of California Los Angeles, CA |

SPECIALTY TRAINING

Pain Medicine
Cardiothoracic Anesthesia
Obstetrical Anesthesia
Medical Acupuncture
Addiction Medicine

EMPLOYMENT

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| 2004 – Present | John F. Dombrowski, MD, PC The Washington Pain Center |
| 2015- Present | Medical Director Outlook, Bayside Methadone Recovery & Tranquility Woods |
| 2017- Present | Editor on line journal EC Anaesthesia |
| 2012- 2019 | Program Development, Anesthesiologists Assistant Case Western Reserve Adjunct Assistant professor Case Western Reserve |
| 2010 - 2018 | Providence Hospital, Staff Anesthesiologists Washington, DC |
| 1995 – 2004 | Certified Anesthesia Services, LLC, <i>Partner</i> Sibley Memorial Hospital Director, Center for Pain Medicine Pain Medicine, cancer and chronic pain |
| 1995 – 1996 | Office Based Anesthesia Services, PC <i>Founder</i> First office based practice of anesthesiology in Richmond, VA Pediatric, adult restorative dentistry and office surgeries |
| 1993 – 1995 | Piedmont Anesthesia Specialists, PC Director and Founder of the Chronic Pain Services for Chippenham Medical Center Developer of the acute epidural catheter pain service for Chippenham and Richmond Memorial Hospitals |

LICENSE & CERTIFICATION

Fellow of the American Society of Anesthesiologists

Diplomate American Board of Anesthesiology (*recertified*)

Diplomate American Board of Pain Medicine (*recertified*)

Diplomate American Board of Addiction Medicine

Diplomate American Board of Preventive Medicine

Diplomate National Board of Medical Examiners

Advance, Pediatric and Basic Life Support Certificate

Medical License: District of Columbia, Maryland, Virginia & Florida

Strathmore Who's Who worldwide Lifetime member

PROFESSIONAL MEMBERSHIPS

American Society of Addiction Medicine 2017-present
Maryland/DC chapter
Board of Directors/President 2021
Public Policy Committee 2018-present
Finance Committee 2020-present

State of Maryland Medical Professional Review Board 2022

American Society of Anesthesiology: Secretary- 2014-2018

Director, Board of Directors, 2003-2014

Section on Fiscal Affairs, 2013-present
Ad Hoc Committee on Health Policy Research Institute,. 2010-2012
Ad Hoc Committee on Web Oversight, 2012-present
Ad Hoc Committee on Public Outreach, 2003-2005, 2006-2008
Ad Hoc Committee on the Future of Pain Medicine, 2008-2010
House of Delegates Reference Committee on Administrative Affairs 2009-2013
House of Delegates Reference Committee Financial Affairs 2013-present
Committee on Administrative Affairs, 2007-2011.
Committee on Anesthesia Care Team, 1998-1999, 2000-2003, 2005-2009
Committee on AA Education and Practice, 2006-2010
Committee on Communications, 2003-2009, *Chair 2009- 2013.*
Committee on Economics 2008-2010.
Committee on Finance, 2013-present.
Committee on Governmental Affairs, 2012-present
Committee on Membership, 2013-present
Committee on NEWSLETTER, 2009-2013
Committee on Outreach Education, 2008-2009
Committee on Pain Medicine 2006-present
Committee on Professional Education Oversight, 2010- 2012
Mid Atlantic Caucus, Secretary - Treasurer 2011-present
ASAPAC Independent Expenditure Unit, 2008-2012
ASAPAC Board 2008-2011
Task Force on State Advocacy, 2013.
ASA Public relations DVD outreach on awareness 2008
Chairman subcommittee: Regional anesthesia and non- physician Providers,
ASA policy statement 2008
Recipient AAAA Distinguished Service by a Physician Award, 2011
Sub Committee on Communication, Public Outreach and Professionalism 2009
Chairman Accreditation Review Committee for the Anesthesiologist Assistant

District of Columbia Society of Anesthesiologists

President, 2004-2006

President-elect, 2002-2003

Secretary-Treasurer, 1996-2002 Active Member, 1997 -present

Richmond Society of Anesthesiologists

Secretary, Treasurer 1994 – 1996

Public Relations and Legislative committees 1993-1996

Vice President Partners in Care Network Nonprofit 2022

PROFESSIONAL MEMBERSHIPS

Editorial Board Outpatient Surgical Magazine

President and *founder* Washington Pain Society

Washington Society of Electroconvulsive Therapy

National Eagle Scout Association

Knight of Malta Federal Association

Washingtonian Magazine *Top Doctor* 2002- present

Patient Choice Awards Physician 2007- present

Academic and Media Presentation

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| September 2022 | VI International Conference Interventional Pain Medicine & Neuromodulation “Neuromodulation and its use in Opioid Addiction” Warsaw Poland |
| May 2022 | MDDCSAM Spring Educational Conference Moderator Teleconference |
| March 2022 | Opioid Learning Institute Key Components of Treatment, Planning and Appropriately Identifying Medication Teleconference |
| February 2022 | Occupational Health Nurse “Substance Use Disorder (SUD) Addiction in the workplace” Teleconference |
| November 2020 | MDDCSAM 2020 Cannabis Use Disorder: Update amidst the COVID-19 Pandemic teleconference |
| September 2020 | Gulf States Pain School “A practical approach to assessment and management of these Patients” Teleconference |
| June 2019 | Florida Society of Anesthesiologists “An understanding of Addiction and Medications that can affect Anesthetic outcomes” Palm Beach FL |

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| April 2019 | Catholic University of America School of Nursing, Nurse Practitioner Masters program "Understanding Designers and Patient Care" Washington DC |
| November 2018 | Bernstein Group " Understanding the opioid crisis and the possible investments" Washington DC |
| July 2018 | Federal Occupational Health "Understanding pain Management and Addiction" Teleconference |
| June 2018 | DC Bar Association "Legal Ethics, Substance use and the Opioid Crisis" Washington, DC |
| April 2017 | National Drug abuse and Heroin summit "Pain Management outside of Narcotic therapy" Atlanta, GA |
| December 2017 | DC Bar Continuing Legal Educational "Opioid addiction and the professional" Washington, DC |
| October 2017 | University of Maryland Health Center "Treating addiction in young adults" College Park, Maryland |
| August 2017 | West Virginia Society of Anesthesiologists Annual Meeting "Pain Medicine and Addiction for the Anesthesiologist understanding the need to treat and change anesthesia management" White Sulphur Springs, WV |
| July 2017 | Voice of America media presentation on treatment of chronic pain without opiates. Washington DC |
| July 2017 | Fox Business News "The opiate crisis in America and the Trump Administration" Washington DC |
| June 2017 | Florida Society of Anesthesiologists Annual Meeting "Pain Medicine and Addiction for the Anesthesiologist understanding the need treat and change anesthesia management" and Update in the ASA Palm Beach, FL |
| April 2017 | National Drug abuse and Heroin summit "Pain Management outside of Narcotic therapy" |

Atlanta, GA

- April 2016 Iowa Society of Anesthesiologists Spring Meeting
"Pain Medicine and Addiction for the Anesthesiologist understanding the need
treat and change anesthesia management" and Update in the ASA
Des Moines, IA
- October 2015 District of Columbia Society of Anesthesiologist
"Pain Medicine and Addiction for the Anesthesiologist understanding the need to
treat and change anesthesia management"
- September 2015 Visiting Professor Grand Rounds SUNY Buffalo, Buffalo, NY
"ASA update 2015 membership "
- July 2015 American Education Institute Inc. "Diagnosing and Managing Chronic pain for
Primary care physician"
- November 2014 Presentation before the FDA on the safety of epidural steroid usage.
Silver Spring, MD
- November 2014 "Pain Management New Paradigms, New Treatments, Better Results"
Metropolitan Washington Assn of Occupational Health Nurses
Washington DC
- August 2014 Is CAM a Sham? Understanding Complementary and Alternative
Medicine for the Practicing Anesthesiologists ASA Newsletter
- June 2013 International Neuromodulation Society Neuromodulation 11th World Congress
"Spinal cord stimulation offers a safe and effective therapeutic option for
Chronic diabetic neuropathic pain and post chemotherapeutic induced pain"
Berlin, Germany
- December 2012 New York society of Anesthesiologists Post Graduate Assembly (PGA)
"Update on the fungal contamination in steroid medication use in pain
Management" New York, New York
- December 2012 Maryland Medical Society Med Chi 'Medical-Legal Considerations in Treating
Pain: Current and Future Trends' Baltimore, MD
- October 2012 Annual ASA meeting panelist on "The media response to the death of
Michael Jackson" Washington DC
- October 2012 Annual ASA meeting moderator on "Update on the fungal contamination in
Steroid medication use in pain management" Washington, DC
- May 2012 International Conference on Interventional Pain Medicine & Neuromodulation
Abstract Presentation: ' Neuromodulation and the treatment of Diabetic and
Chemo induced Neuropathy, Seven patients with 80% improvement.'
Gdansk, Poland

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| August 2016 | West Virginia Society of Anesthesiologists “ASA update 2016” White Sulphur Springs, WV |
| July 2012 | American Podiatric Medical Association National Meeting “Using preemptive analgesia for better patient outcomes” Washington, DC |
| January 2012 | Texas Podiatry Medical Association “Treatment of Chronic neuropathic foot pain Medications and Stimulation” Plano, TX |
| February 2011 | Drexel University College of Medicine / Hahnemann University Hospital Department of anesthesiology "Treatment of Post Laminectomy Pain Syndrome and other therapies for neuropathic pain" Philadelphia, PA |
| October 2010 | Georgetown University Departments of Neurosurgery/Neurology Grand Rounds "Options for patients with Post laminectomy Syndrome, the role of spinal stimulation" Washington, DC |
| July 2010 | American Podiatric Medical Association -National Meeting "New treatments for diabetic/peripheral neuropathy" Seattle, WA |
| March 2010 | Chronic Lower Extremity Pain New Options for treatment Chicago, IL |
| January 2010 | American Association of Podiatry Medicine New York Meeting “Using Spinal Stimulation for diabetic neuropathy” New York, NY |
| November 2009 | WUSA Channel 9, ‘Treating patient’s pain without opioids’ |
| September 2009 | Good Morning America, ‘The Death of Michael Jackson Should patients be concern about the safety of propofol?’ |
| September 2009 | Outpatient Surgery magazine, Excellence in the Operating room “Pain management in the ASC setting San Francisco, CA |
| September 2009 | American peripheral nerve surgeons meeting “Introduction of Spinal Stimulation into your practice” Ft Worth, TX |

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| July 2009 | American Podiatry Medical Association national meeting “Spinal stimulation in patient with chronic foot pain” Toronto, Canada |
| January 2009 | ASA Newsletter article “Changes in and with the ASA, The release of the New ASA branding campaign” |
| December 2008 | ABC News Now “Can your body predict the weather?” |
| November 2008 | ABC News Now “Aggressive Pain Management therapies” |
| October 2008 | Utah Society of Anesthesiologists annual meeting key note Address “Bring Anesthesiologists Assistants to your state, The challenges and rewards” Salt Lake City, UT |
| August 2008 | WJLA Channel 7 medical news “First implantation of ‘Eon mini’ in Washington Metropolitan area for back pain” |
| April 2008 | Georgetown University Neurology/Neurosurgery Departments Grand Rounds <i>Neuromodulation and patient selection</i> Washington, DC |
| March 2008 | <i>Neuromodulation and the Podiatric patient</i> an introduction to Washington Podiatric Society monthly meeting. |
| February 2008 | ASA monthly Newsletter <i>Communicating in the Public Eye</i> How to speak with patients about concerns on awareness. |
| January 2008 | <i>Clemens' implausible deniability</i> , Roger Clemens pain Management techniques and Steroids interview ESPN web site. |
| December 2007 | Star Jones Court TV Interview on the movie “ <i>Awake</i> ” New York, New York |
| October 2007 | Lecture on effective pain management in patients on workers’ Compensation. Traveler Insurance Chantilly, Virginia |
| October 2007 | Outpatient Surgery Magazine article <i>Kick your pain Services up a Notch</i> |
| August 2007 | USA Today Newspaper Outpatient Surgical centers and safety |

June 2007 Advanced Neuromodulation System
Advanced topics symposia
Moderator
Alexandria, Virginia

May 2007 Interventional Pain Institute workshop
Moderator
Bethesda, Maryland

April 2007 Introduction into Spinal Cord Stimulation for Neurologists
The Neurology Center
Washington, DC

April 2007 Outpatient Surgery Magazine article
Why should you Add Pain Medicine to your ASC Program

April 2007 Guest Lecturer American Academy of Anesthesiologist
Assistants 31st Annual Conference Airway Management and
Neuroaxial Blockade
Daytona Beach, Florida

April 2007 Foundation for Ambulatory Surgery in American
Annual meeting speaker
*The Role of the Anesthesiologist in OR Management and
Conflict Resolution*
New Orleans, Louisiana

January 2007 ASA DVD – Host for public outreach on awareness
10 minute video

January 2007 Grand Round – Suburban Hospital
Bethesda, MD
*General Understanding of Neuro-Modulation for the Primary
Medical Doctor*

December 2006 Outpatient Surgery Magazine article
What's New for Anesthesia and Pain Management?

November 2006 Lecture to Physical Therapists – Shady Grove Adventist Hospital
Rockville, MD
Neuro-modulation and Patient Selection for this Procedure

October 2006 National Hospice forum on Pain Management
Interventional techniques on management of cancer pain
Fairfax, Virginia

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| August 2006 | Outpatient Surgery Magazine article <i>Review your Regional Protocol, Manger's guide to Regional anesthesia</i> |
| June 2006 | Careers in Anesthesiology, the Future of the Specialty National Youth Leadership Forum – Georgetown University Washington, DC |
| June 2006 | Riderwood Retirement Facility Silver Spring, MD <i>New Techniques in Treating Chronic Pain with an Emphasis on Spinal Cord Stimulation</i> |
| May 2006 | Voted by Checkbook Magazine Top Doctor in Pain Medicine and Anesthesiology sixth year in a row |
| April 2006 | Outpatient Surgery Magazine article <i>Thinking of buying ambulatory Pain pumps</i> |
| March 2006 | Grand Round – Mid-Atlantic Palliative Care <i>Interventional Pain Management and End of Life</i> Arlington, Virginia |
| February 2006 | Today Show – Discussing death of Coretta Scott King, seeking Medical attention outside the United States |
| December 2005 | Outpatient Surgery Magazine article <i>What's New for Anesthesia and Pain Management?</i> |
| August 2005 | Keynote address – Massachusetts Avenue Surgical Center Bethesda, MD <i>21st Century Pain Management Techniques for the Outpatient Setting</i> |
| July 2005 | Today Show – Discussing the safety of NSAIDs and patients With chronic pain |
| July 2005 | Outpatient Surgery Magazine article <i>Pump up your pain management Guide to surgical drugs</i> |
| May 2005 | WUSA, CBS Washington affiliate segment <i>Rechargeable Spinal Cord Stimulation and Patient Options</i> |
| April 2005 | Today Show – Pain Management week series March 21 and April 1 Discussion on integrative pain medicine and round table email Discussion |

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| April 2005 | Today Show – Interview on Bextra and the FDA warning for Patients |
| April 2005 | WRC Channel 4 – Interview on the FDA warnings and Alternative treatments for chronic pain |
| February 2005 | Public Outreach ‘Oasis’ Suburban Program <i>New Techniques in Pain Management</i> |
| February 2005 | WTTG Channel 5 – Interview <i>Awareness under Anesthesia: What can be done?</i> |
| December 2004 | Outpatient Surgery Magazine lead article <i>New Devices in Anesthesiology</i> |
| October 2004 | WTTG Channel 5 Interview on spinal cord stimulation and New technologies for chronic pain control |
| October 2004 | WRC Channel 4 – Interview <i>Awareness under Anesthesia</i> ASA policy statement |
| September 2004 | Osler Society – Discussion of the use of COX 2 and preoperative pain control Washington, DC |
| August 2004 | The Washington Times lead article in Metro section <i>Conscious Sedation and the role of the Anesthesiologist</i> |
| May 2004 | Greater Washington DC Support Group for Dystonia Washington, DC Pain Medicine and Management lecture |
| April 2004 | American Association of Anesthesiologist Assistants annual meeting – Speaker, San Diego, CA |
| March 2004 | Testimony before the DEA concerning prescribing opioids to Patients over the internet, the ASA’s position |
| November 2003 | Cox Cable – Live interview <i>Awareness under Anesthesia</i> |
| October 2003 | WJLA Television – Interview <i>Awareness under Anesthesia</i> |

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| October 2003 | Orthopedic Today – Interview Use of the BIS Monitor |
| June 2003 | National Youth Leadership Forum - Lecture Georgetown University, Washington, DC <i>The Role of the Anesthesiologists</i> |
| November 2002 | Voted by Washingtonian Magazine Top Doctor in Pain Medicine |
| April 2002 | John P Kennedy Institute - <i>Pain Management in Patients with Developmental Disabilities</i> Georgetown University, Washington, DC |
| March 2001 | Resident Grand Round – SUNY Buffalo, NY <i>Inhalation Anesthesia in the 21st Century</i> |
| February 2001 | Washington Hospital Center – Cancer Institute Washington, DC <i>Management of Complex Cancer Pain</i> |
| July 2000 | The Learning Channel – Science Live One hour live television <i>Breakthrough in Pain Management for the 21st Century</i> |
| June 1999 | Sibley Memorial Hospital – Community education lecture Washington, DC <i>Oh, my Aching Back: The Diagnosis and Treatment of Back Pain</i> |
| January 1998 | Commentator for Abbott Labs Washington, DC <i>The Practical use of Sevoflurane in the Community Setting</i> |
| December 1997 | Sibley Memorial Community Outreach – Lead article Circulation 300,000 Washington, DC <i>On Health</i> |

- November 1997 Sibley Memorial Hospital – Outreach lecture
Washington, DC
Cancer and Chronic Pain Management
- September 1997 Liaison instruction for 4th year German medical student
Sibley Memorial Hospital
Washington, DC
- July 1995 Richmond Society of Post Anesthesia Care
Nursing regional meeting
Richmond, VA
Pharmacology and Physiology of Acute Pain Management in the PACU
- March 1994 Cardiology Grand Round – Chippenham Medical Center
Richmond, VA
*Techniques for Sedation and Analgesia in the Cardiac
Catheterization Lab*
- November 1993 HCA Columbia infomercial
Acute Pain Management and Epidural Pain Management
Healthbreak
- September 1993 WRVA – Radio talk show
Richmond Academy of Radio
Richmond, VA
Ask the Doctor: Anesthesia and Pain Management
- July 1993 Chippenham Medical Center – Lecture to all nursing staff
Richmond, VA
Epidural Catheter Usage in Acute Pain Management

REFERENCES AVAILABLE UPON REQUEST